

# Violence is Preventable

This leaflet will help you make life better for your children.

Here's how...

## Don't use violence

- Teaching children what is right and wrong is important but should never include violence.
- Don't humiliate or embarrass your child.
- Teach them that good behaviour is always rewarding.



## Begin Early

- Babies learn from the moment they are born - spend time talking to them.
- It's never too late to start teaching your children.



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## Love your child

- Be affectionate, hug and kiss them.
- Tell them good things about themselves and others.
- They will feel more secure and learn how to treat others in a positive way.



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# Be careful of what your child is exposed to

- Guide your children and help them make the right choices in what they watch and the games they play.
- Block channels with adult content.

## Weapons are Dangerous!

- Never allow your children near weapons.
- Explain the dangers and consequences of using or carrying weapons.



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## Teach children to be kind to each other



- Teach children to respect others.
- Teach by example.
- Teach children how to compromise and avoid conflict.

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## Keep violence away from the home and community

- Your home needs to be a safe and loving place for children.
- Show children how you want them to behave.
- Don't leave children in a situation that makes them vulnerable.

