

*Do you have difficulty with
anger?*

*Do you worry about losing
control?*



avp
alternatives
to violence
project

***Conflict is part of our lives
but violence doesn't have to
be.***

*Try a workshop with AVP and find
better ways of managing conflict in
your life.*

***Weekend Workshops in Glasgow
in 2008***

April 4th – 6th

October 3rd – 5th

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